

Monday	Tuesday	Wednesday	Thursday	Friday
9-11 Pickleball @ the Y 9:00 AOA Adaptive Yoga 9:00 Silver Sneakers Classic 10:00 Silver Sneakers Yoga 10:00 Bunco 10:00 Aqua Fit @ AC 10:35 Yoga Restore @ the Y 11:00 Silver Sneakers Circuit 12:30 Bingo: Hope Hospice 12:00 Poker 12:00 7's & Canasta 1:30 Sewing & Notions 1:30 Family Feud 1:45 Line Dancing 2:30 Chair Volleyball	9:00 Zumba Gold 9:30 Choir Practice 9:30 Wii Bowling 10:00 AOA Chair Y 10:00 Brain Games 10:45 Aqua Zumba @ AC 11:00 AOA Stretch & Tone 11:30 Silver Sneakers @ Cibolo Y 12:30 Pinochle 12:30 Wii Bowling 2:00 Chair Volleyball 2:30 Lighthouse Low Vision Club Petting Zoo	9-11 Pickleball @ the Y 9:00 Wii Bowling 9:00 Silver Sneakers Classic 9:00 Aqua Interval Training 9:30 Choir Practice 9:30 Zumba @ the Y 10:00 Tai Chi 10:35 Yoga Restore @ the Y 11:00 Silver Sneakers Circuit 12:30 Bingo: Brooks of Cibolo 12:30 Double Pinochle 1:30 Coloring Book Club 1:45 Line Dancing 2:00 CE Bible Study 2:30 Chair Volleyball	9:00 AOA Adapt Yoga 9:00 Zumba Gold 9:30 Wii Bowling 10:00 AOA Chair Yoga 11:00 AOA Stretch & Tone 12:00 Poker 12:30 AgriLife 12:30 B SR Tech-Savvy 12:30 Mahjong 1:00 Family Feud 1:00 AOA Chair Yoga 2:00 Chair Volleyball Y 10th Anniversary 6pm	9-11 Pickleball @ the Y 9:00 Wii Bowling 9:00 Aqua Fit Class @ AC 9:00 Silver Sneakers Classic 10:00 Silver Sneakers Yoga 10:30 Zumba @ the Y 10:30 WellMed Doc Talk 11:00 Silver Sneakers Circuit 12:00 Hand & Foot 12:30 7's & Canasta 12:30 WellMed 1st Friday BINGO 2:00 Chair Volleyball
9-11 Pickleball @ the Y 9:00 AOA Adaptive Yoga 9:00 Silver Sneakers Classic 10:00 Silver Sneakers Yoga 10:00 Bunco 10:00 Aqua Fit @ AC 10:35 Yoga Restore @ the Y 11:00 Silver Sneakers Circuit 12:30 Bingo Humana 12:00 Poker 12:00 7's & Canasta 1:30 Sewing & Notions 1:30 Family Feud 1:45 Line Dancing 2:30 Chair Volleyball	Casino Trip 9:00 Zumba Gold 9:30 Choir Practice 9:30 Wii Bowling 10:00 AOA Chair Y 10:45 Aqua Zumba @ AC 11:00 AOA Stretch & Tone 11:30 Silver Sneakers @ Cibolo Y 12:30 Pinochle 12:30 Schertz EMS 12:30 Wii Bowling 2:00 Chair Volleyball 2:00 Hope Hospice Support Group	Popcorn Raffle 9-11 Pickleball @ the Y 9:00 Wii Bowling 9:00 Silver Sneakers Classic 9:00 Aqua Interval Training 9:30 Choir Practice 9:30 Zumba @ the Y 10:00 Tai Chi 10:35 Yoga Restore @ the Y 11:00 Silver Sneakers Circuit 12:30 Bingo: NY Life 12:30 Double Pinochle 1:30 Coloring Book Club 1:45 Line Dancing 2:00 CE Bible Study 2:30 Chair Volleyball	9:00 AOA Adapt Yoga 9:00 Zumba Gold 9:30 Wii Bowling 10:00 AOA Chair Yoga 10:30 Ask Bruce 11:00 AOA Stretch & Tone 11:30 Silver Sneakers @ Cibolo Y 12:00 Poker 12:30 AgriLife 12:30 Painting w/ Pat 12:30 Mahjong 1:00 AOA Chair Yoga 2:00 Chair Volleyball	9-11 Pickleball @ the Y 9:00 Wii Bowling 9:00 Aqua Fit Class @ AC 9:00 Silver Sneakers Classic 10:00 Silver Sneakers Yoga FLS: Caption Call 10:30 Zumba @ the Y 11:00 Silver Sneakers Circuit 12:00 Hand & Foot 12:30 2nd Friday Bingo 12:30 7's & Canasta 2:00 Chair Volleyball
9-11 Pickleball @ the Y 9:00 AOA Adaptive Yoga 9:00 Silver Sneakers Classic 10:00 Silver Sneakers Yoga 10:00 Bunco 10:00 Aqua Fit @ AC 10:35 Yoga Restore @ the Y 11:00 Silver Sneakers Circuit 12:30 Bingo: Adv. Rehab 12:00 Poker 12:00 7's & Canasta 1:30 Sewing & Notions 1:30 Family Feud 1:45 Line Dancing 2:30 Chair Volleyball	Walking Club Begins 9:00 Zumba Gold 9:30 Choir Practice 9:30 Wii Bowling 10:00 AOA Chair Y 10:30 Choir Concert 10:45 Aqua Zumba @ AC 11:00 AOA Stretch & Tone 11:30 Silver Sneakers @ Cibolo Y 12:30 Pinochle 12:30 Wii Bowling 2:00 Chair Volleyball	9-11 Pickleball @ the Y 9:00 Wii Bowling 9:00 Silver Sneakers Classic 9:00 Aqua Interval Training 9:30 Zumba @ the Y 10:00 Tai Chi 10:35 Yoga Restore @ the Y 11:00 Silver Sneakers Circuit 12:30 Bingo: City of Schertz 12:30 Double Pinochle 1:30 Coloring Book Club 1:45 Line Dancing 2:00 CE Bible Study 2:30 Chair Volleyball	9:00 Walking Club 9:00 AOA Adapt Yoga 9:00 Zumba Gold 9:30 Wii Bowling 10:00 AOA Chair Yoga 11:00 AOA Stretch & Tone 11:00 Agrilife - WAT 11:30 Silver Sneakers @ Cibolo Y 12:00 Poker 12:30 Advisory Bd Mtg. 12:30 B SR Tech-Savvy 12:30 Mahjong 1:00 AOA Chair Yoga 2:00 Chair Volleyball	Annual Spring Craft Fair Fri & Sat 9am - 3pm <i>No Group X Classes</i> 9-11 Pickleball @ the Y 9:00 Wii Bowling 9:00 Aqua Fit Class @ AC 10:30 Zumba @ the Y 12:00 Hand & Foot 12:30 7's & Canasta
9-11 Pickleball @ the Y 9:00 AOA Adaptive Yoga 9:00 Silver Sneakers Classic 10:00 Silver Sneakers Yoga 10:00 Bunco 10:00 Aqua Fit @ AC 10:35 Yoga Restore @ the Y 11:00 Silver Sneakers Circuit 12:30 Bingo: Legacy @ FR 12:00 Poker 12:00 7's & Canasta 1:30 Sewing & Notions 1:30 Family Feud 1:45 Line Dancing 2:30 Chair Volleyball	9:00 Walking Club 9:00 Zumba Gold 9:30 Wii Bowling 10:00 AOA Chair Y 10:30 Library IT Tech 10:45 Aqua Zumba @ AC 11:00 AOA Stretch & Tone 11:30 Silver Sneakers @ Cibolo Y 12:30 Pinochle 12:30 AACOG Medicare 12:30 Wii Bowling 1:00 YHL - Diabetes Prevention Program 2:00 Chair Volleyball	9-11 Pickleball @ the Y 9:00 Wii Bowling 9:00 Silver Sneakers Classic 9:00 Aqua Interval Training 9:30 Zumba @ the Y 10:00 Tai Chi 10:35 Yoga Restore @ the Y 11:00 Silver Sneakers Circuit 12:30 Bingo: City of Cibolo 12:30 Double Pinochle 1:30 Coloring Book Club 1:45 Line Dancing 2:00 CE Bible Study 2:30 Chair Volleyball	9:00 Walking Club 9:00 AOA Adapt Yoga 9:00 Zumba Gold 9:30 Wii Bowling 10:00 AOA Chair Yoga 10:30 Ask Bruce 11:00 AOA Stretch & Tone 11:30 Silver Sneakers @ Cibolo Y 12:00 Poker 12:30 AgriLife - WAT 12:30 Painting w/ Pat 12:30 Mahjong 1:00 AOA Chair Yoga 2:00 Chair Volleyball	Monthly Birthday Party & Raffle 9-11 Pickleball @ the Y 9-11 WellMed Screenings 9:00 Wii Bowling 9:00 Aqua Fit Class @ AC 9:00 Silver Sneakers Classic 10:00 Silver Sneakers Yoga 10:30 Zumba @ the Y 11:00 Silver Sneakers Circuit 12:00 Hand & Foot 12:30 7's & Canasta 2:00 Chair Volleyball
9-11 Pickleball @ the Y 9:00 AOA Adaptive Yoga 9:00 Silver Sneakers Classic 10:00 Silver Sneakers Yoga 10:00 Bunco 10:00 Aqua Fit @ AC 10:35 Yoga Restore @ the Y 11:00 Silver Sneakers Circuit 12:30 Bingo: Missy RE/Max 12:00 Poker 12:00 7's & Canasta 1:30 Sewing & Notions 1:30 Family Feud 1:45 Line Dancing 2:30 Chair Volleyball	9:00 Walking Club 9:00 Zumba Gold 9:30 Choir Practice 9:30 Wii Bowling 10:00 AOA Chair Y 10:00 Brain Games 10:45 Aqua Zumba @ AC 11:00 AOA Stretch & Tone 11:30 Silver Sneakers @ Cibolo Y 12:30 Pinochle 12:30 Wii Bowling 1:00 YHL - Diabetes Prevention Program 2:00 Chair Volleyball	<div style="text-align: center;"> <p>Activities are subject to change/cancellation. Cards & games played daily in Main Area.</p> <h1>March 2020</h1> <p>SCHERTZ AREA SENIOR CENTER</p> </div>		