

Monday

Tuesday

Wednesday

Thursday

Friday

<p>SCHERTZ AREA  <b>SENIOR CENTER</b> <b>October</b> 2019</p>	<p><b>1</b> 9:00 Zumba Gold 9:30 Choir Practice 9:30 ACOG Texercise 10:00 AOA Chair Yoga 10:00 Brain Games 10:35 Aqua Zumba @ AC <b>11:30 Silver Sneakers @ Cibolo Y</b> 12:30 Pinochle 12:30 Wii Bowling 1:00 AOA Stretch &amp; Tone 2:00 Chair Volleyball <b>2:30 Lighthouse Low Vision Club</b></p>	<p><b>2</b> 9-11 Pickleball @ the Y 9:00 Wii Bowling 9:15 Aqua Interval Training 9:30 Choir Practice 9:30 Silver Sneakers Classic 9:30 Zumba @ the Y 10:30 Silver Sneakers Circuit 10:35 Yoga Restore @ the Y <b>12:30 Bingo - Brokerage</b> 12:30 Double Pinochle 1:30 Coloring Book Club 1:30 Family Feud 1:45 Line Dancing 2:00 CES: Open Your Bible 2:30 Chair Volleyball</p>	<p><b>3</b> 9:00 AOA Adapt Yoga 9:00 Zumba Gold 9:30 Puzzles &amp; Searches 9:30 ACOG Texercise 10:00 AOA Chair Yoga <b>11:30 Silver Sneakers @ Cibolo Y</b> 12:00 Poker 12:30 AgriLife 12:30 B SR Tech-Savvy 1:00 AOA Stretch &amp; Tone 1:30 Hot Potato 2:00 Chair Volleyball 6:00 Y DPP Program</p>	<p><b>4</b> 9-11 Pickleball @ the Y 9:00 Wii Bowling 9:00 Aqua Fit Class @ AC 9:30 Silver Sneakers Classic 10:30 Zumba @ the Y <b>10:30 Schertz Voter Info</b> 10:30 Silver Sneakers Circuit 12:00 Hand &amp; Foot 12:30 7's &amp; Canasta <b>12:30 WellMed 1st Friday BINGO</b> 2:00 Chair Volleyball <b>2:00 Mosaic Art</b></p>
<p><b>7</b> 9-11 Pickleball @ the Y 9:00 AOA Adaptive Yoga 9:00 Silver Sneakers Classic 10:00 Silver Sneakers Yoga 10:00 Bunco 10:00 Wii Bowling 10:00 Aqua Fit @ AC 10:35 Yoga Restore @ the Y <b>12:30 Bingo - Humana</b> 12:00 Poker 12:00 7's &amp; Canasta 1:30 Sewing &amp; Notions 1:30 Family Feud 1:45 Line Dancing 2:30 Chair Volleyball</p>	<p><b>8</b> 9:00 Zumba Gold 9:30 Choir Practice 9:30 ACOG Texercise 10:00 AOA Chair Yoga 10:00 Brain Games 10:35 Aqua Zumba @ AC <b>11:30 Schertz EMS Buddies Flu Shots</b> 11:30 Silver Sneakers @ Cibolo Y 12:30 Pinochle 12:30 Wii Bowling 1:00 AOA Stretch &amp; Tone 2:00 Chair Volleyball</p>	<p><b>9</b> <b>Popcorn Raffle Day</b> 9-11 Pickleball @ the Y 9:00 Wii Bowling 9:15 Aqua Interval Training 9:30 Choir Practice 9:30 Silver Sneakers Classic 9:30 Zumba @ the Y 10:30 Silver Sneakers Circuit 10:35 Yoga Restore @ the Y <b>12:30 Bingo - NY Life</b> 12:30 Double Pinochle 1:30 Coloring Book Club 1:30 Family Feud 1:45 Line Dancing 2:00 CES: Open Your Bible 2:30 Chair Volleyball</p>	<p><b>10</b> 9:00 AOA Adapt Yoga 9:00 Zumba Gold 9:30 Puzzles &amp; Searches 9:30 ACOG Texercise 10:00 AOA Chair Yoga 10:30 Ask Bruce 11:30 Silver Sneakers @ Cibolo Y 12:00 Poker 12:30 AgriLife <b>12:30 Painting with Pat</b> 12:30 Mahjong 1:00 AOA Stretch &amp; Tone 1:30 Hot Potato 2:00 Chair Volleyball 6:00 Y DPP Program</p>	<p><b>11</b> 9-11 Pickleball @ the Y 9:00 Wii Bowling 9:00 Aqua Fit Class @ AC 9:30 Silver Sneakers Classic 10:30 Zumba @ the Y 10:30 Silver Sneakers Circuit <b>10:30 FLS: Caring Services</b> 12:00 Hand &amp; Foot 12:30 7's &amp; Canasta <b>12:30 4 Seasons 2nd Friday BINGO</b> 2:00 Chair Volleyball</p>
<p><b>14</b> <b>Facility Closed Columbus Day</b>  Annual Columbus Day Dinner @ Knights of Columbus Hall 10am: Flu Shots by WellMed Noon: BBQ Dinner w/ Bingo afterwards</p>	<p><b>15</b> <b>Walking Club</b> 9:00 Zumba Gold 9:30 Choir Practice 9:30 ACOG Texercise 10:00 AOA Chair Yoga <b>10:30 Choir Concert</b> 10:35 Aqua Zumba @ AC 11:30 Silver Sneakers @ Cibolo Y 12:00 Poker 12:30 Pinochle 12:30 Wii Bowling <b>1:00 WellMed Lecture</b> 1:00 AOA Stretch &amp; Tone 2:00 Chair Volleyball</p>	<p><b>16</b> 9-11 Pickleball @ the Y 9:00 Wii Bowling 9:00 Silver Sneakers Classic 9:15 Aqua Interval Training 9:30 Zumba @ the Y 10:00 Silver Sneakers Yoga 10:35 Yoga Restore @ the Y <b>11:00 Silver Sneakers Circuit</b> <b>12:30 Bingo - Adv Rehab</b> 12:30 Double Pinochle 1:30 Coloring Book Club 1:30 Family Feud 1:45 Line Dancing 2:00 CES: Open Your Bible 2:30 Chair Volleyball</p>	<p><b>17</b> <b>Senior Roadtrip Waco</b> <b>9:00 Walking Club</b> 9:00 AOA Adapt Yoga 9:00 Zumba Gold 9:30 Puzzles &amp; Searches 9:30 ACOG Texercise 10:00 AOA Chair Yoga 11:30 Silver Sneakers @ Cibolo Y 12:00 Poker 12:30 AgriLife 12:30 Mahjong 1:00 AOA Stretch &amp; Tone 1:30 Hot Potato 2:00 Chair Volleyball 6:00 YDPP Program</p>	<p><b>18</b> 9-11 Pickleball @ the Y 9:00 Wii Bowling 9:00 Aqua Fit Class @ AC 9:00 Silver Sneakers Classic 10:00 Silver Sneakers Yoga 10:30 Zumba @ the Y <b>10:30 FLS: Simple Sr. Benefits</b> <b>11:00 Silver Sneakers Circuit</b> 12:00 Hand &amp; Foot 12:30 7's &amp; Canasta 2:00 Chair Volleyball</p>
<p><b>21</b> 9-11 Pickleball @ the Y 9:00 AOA Adaptive Yoga 9:00 Silver Sneakers Classic 10:00 Silver Sneakers Yoga 10:00 Bunco 10:00 Wii Bowling 10:00 Aqua Fit @ AC 10:35 Yoga Restore @ the Y 11:00 Silver Sneakers Circuit <b>12:30 Bingo - TruCare</b> 12:00 Poker 12:00 7's &amp; Canasta 1:30 Sewing &amp; Notions 1:30 Family Feud 1:45 Line Dancing 2:30 Chair Volleyball</p>	<p><b>22</b> 9:00 Walking Club 9:00 Zumba Gold 9:30 ACOG Texercise 10:00 AOA Chair Yoga <b>10:30 Schertz Library IT Tech Help</b> 10:30 Brain Games 10:35 Aqua Zumba @ AC 11:30 Silver Sneakers @ Cibolo Y 12:30 Pinochle 12:30 Wii Bowling <b>12:30 AACOG Medicare Counseling</b> 1:00 AOA Stretch &amp; Tone 2:00 Chair Volleyball</p>	<p><b>23</b> 9-11 Pickleball @ the Y 9:00 Wii Bowling 9:00 Silver Sneakers Classic 9:15 Aqua Interval Training 9:30 Zumba @ the Y 10:00 Silver Sneakers Yoga 10:35 Yoga Restore @ the Y 11:00 Silver Sneakers Circuit <b>12:30 Bingo City of Cibolo</b> 12:30 Double Pinochle 1:30 Coloring Book Club 1:30 Family Feud 1:45 Line Dancing 2:00 CES: Open Your Bible 2:30 Chair Volleyball</p>	<p><b>24</b> 9:00 Walking Club 9:00 AOA Adapt Yoga 9:00 Zumba Gold 9:30 Puzzles &amp; Searches 9:30 ACOG Texercise 10:00 AOA Chair Yoga 10:30 Ask Bruce 11:30 Silver Sneakers @ Cibolo Y 12:00 Poker 12:30 AgriLife <b>12:30 Painting with Pat</b> 12:30 Mahjong 1:00 AOA Stretch &amp; Tone 1:30 Hot Potato 2:00 Chair Volleyball</p>	<p><b>25</b> <b>Monthly Birthday Party &amp; Raffle</b> 9-11 Pickleball @ the Y 9:00 Wii Bowling 9:00 Aqua Fit Class @ AC 9:00 Silver Sneakers Classic 10:00 Silver Sneakers Yoga <b>10:30 WellMed Flu Shots</b> 10:30 Zumba @ the Y 11:00 Silver Sneakers Circuit 12:00 Hand &amp; Foot 12:30 7's &amp; Canasta 2:00 Chair Volleyball</p>
<p><b>28</b> 9-11 Pickleball @ the Y 9:00 AOA Adaptive Yoga 9:00 Silver Sneakers Classic 10:00 Silver Sneakers Yoga 10:00 Bunco 10:00 Wii Bowling 10:00 Aqua Fit @ AC 10:35 Yoga Restore @ the Y 11:00 Silver Sneakers Circuit <b>12:30 Bingo - SilverTree</b> 12:00 Poker 12:00 7's &amp; Canasta 1:30 Sewing &amp; Notions 1:30 Family Feud 1:45 Line Dancing 2:30 Chair Volleyball</p>	<p><b>29</b> 9:00 Walking Club 9:00 Zumba Gold 9:30 Choir Practice 9:30 ACOG Texercise 10:00 AOA Chair Yoga 10:00 Brain Games 10:35 Aqua Zumba @ AC 11:30 Silver Sneakers @ Cibolo Y 12:30 Pinochle 12:30 Wii Bowling 1:00 AOA Stretch &amp; Tone 2:00 Chair Volleyball <b>Front Desk Volunteer Mtg? In Afternoon</b></p>	<p><b>30</b> 9-11 Pickleball @ the Y 9:00 Wii Bowling 9:00 Silver Sneakers Classic 9:15 Aqua Interval Training 9:30 Zumba @ the Y 9:30 Choir Practice 10:00 Silver Sneakers Yoga 10:35 Yoga Restore @ the Y 11:00 Silver Sneaker Circuit <b>12:30 Bingo Autumn Wind</b> 12:30 Double Pinochle 1:30 Coloring Book Club 1:30 Family Feud 1:45 Line Dancing 2:00 CES: Open Your Bible 2:30 Chair Volleyball</p>	<p><b>31</b> <b>Halloween Party &amp; Costume Contest</b> 9:00 Walking Club 9:00 AOA Adapt Yoga 9:00 Zumba Gold 9:30 Puzzles &amp; Searches 9:30 ACOG Texercise 10:00 AOA Chair Yoga 11:30 Silver Sneakers @ Cibolo Y 12:00 Poker 12:30 AgriLife 12:30 B SR Tech-Savvy 12:30 Mahjong 1:00 AOA Stretch &amp; Tone 2:00 Chair Volleyball</p>	 <p><b>Activities &amp; classes are subject to change &amp; cancellation. Cards &amp; games played daily in Main Area.</b></p>